## **NSTTAC's Secondary Transition Evidence-Based Practices**

# What is an Evidence-Based Practice (EBP)?

EBP is a teaching method used to teach a specific skill that has been shown to be effective based on high-quality research (Cook, Tankersly, & Landrum, 2009)

#### What Do EBP Provide Teachers With?

- Provide teachers
   with information
   about which
   teaching method in
   secondary
   transition has been
   most effective at
   helping students
   with disabilities
  learn skills
- EBP can be used to support IEP goals and objectives.

**Student-Focused Planning-** includes practices in the areas of IEP development, student participation in planning, and planning strategies

Using Whose Future Is It Anyway to Teach Student Knowledge of Transition Planning

Using **Check and Connect** 

Using Computer Assisted Instruction

Using **Self-Advocacy Strategy** 

Using **Self-Directed IEP** 

Using Published Curricula

To Teach Student Participation in the IEP Meeting

**Student Development -** includes strategies in the areas of life skills instruction, career and vocational curricula, structured work experience, assessment, and support services

Using **Mnemonics** 

Using **Peer-Assisted Instruction** 

Using Self-Management Instruction

Using **Technology** 

Using Visual Displays

To Teach Academic Skills

Using **Backward Chaining** 

Using **Constant Time Delay** 

Using Forward Chaining

Using **Progressive Time Delay** 

Using **Self-Monitoring Instruction** 

Using **Simultaneous Prompting** 

Using **Systems of Least to Most Prompts** 

Using Systems of Most to Least Prompts

Using **Total Task Chaining** 

To Teach Functional Life Skills



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Using Community-Based Instruction To Teach Using **Progressive Time Delay** Safety Using Systems of Least to Most Prompts **Skills** To Teach How to Using One More Than Strategy Count Money Using Extension of Career Planning To Teach Services after Graduation Increased **Finance Skills** Using Community-Based Instruction Using **One More Than Strategy** To Teach Using **Progressive Time Delay** Purchasing Using Response Prompting Skills Using **Simulations** Using **Systems of Least to Most Prompts** To Teach Using Whose Future Is It Anyways? Self-**Determination Skills** To Teach Goal Using Self-Determined Learning Model Attainment of Instruction Using **Response Prompting** To Teach Using Self-Management Instruction Social Skills Using **Simulations** 



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Using Systems of Least to Most Prompts To Teach Using Community-Based Instruction Communication Skills Using **Computer Assisted Instruction** Using **Constant Time Delay** To Teach Job Using Self-Management Instruction Specific Skills Using Systems of Least to Most Prompts To Teach How to Using **Mnemonics** Complete a Job **Application** Using Community-Based Instruction To Employment Using Response Prompting Skills Using Community Based Instruction To Teach Using Constant Time Delay **Banking Skills** Using **Simulations** To Teach Using **Community Based Instruction** Community Integration Skills Using **Community Assisted Instruction** Using **Constant Time Delay** To Teach Food Using Response Prompting Preparation and Cooking Using Video Modeling **Skills** Using Systems of Least to Most **Prompts** Using **Community Assisted Instruction** Using **Community-Based Instruction** To Teach Grocery Using Response Prompting **Shopping Skills** Using Systems of Least to Most Prompts



### **NSTTAC's Secondary Transition Evidence-Based Practices**

Using **Response Prompting** Using Video Modeling



Using **Response Prompting** 

To Teach Laundry Tasks

Using **Response Prompting** Using **Constant Time Delay** 



To Teach Leisure Skills

Family Involvement - includes practices in family training, family involvement, and family empowerment

Using *Training Modules* 



To Teach Parent Involvement in the **Transition Process** 

Program Structure - includes practices in program philosophy, policy and evaluation, strategic planning, resource allocation, and human resource development.

Using Check and Connect to Promote:

To Teach Student Participation in **IEP Meetings** 

Using Community-Based Instruction to Teach:

Using Extension of Career Planning Services After Graduation to Promote:

To Teach Increased **Finance Skills** 

Grocery **Shopping Skills** Community Integration **Skills Purchasing Skills** Safety Skills Communication Skills

**Banking Skills** 



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